

## Session Descriptions

### The College Application & Essay Writing Process

*Michelle Lawrence, LCHS Counselor & Tania Runyan*

Completing applications is different for teens in the 21<sup>st</sup> century. This session will outline what students and parents need to know about the process at LCHS.

### The College Athlete

*Rebecca Holst, AP of Student Services, & Kurt Rowells, Athletic Director*

Students who wish to participate in college athletics must meet NCAA eligibility requirements. This session will outline the NCAA process for becoming eligible.

### College Saving & Funding Strategies

*Scott Davis, Lake County Financial Planning*

Come learn about the benefits and weaknesses of the most common saving and funding options from a Certified Financial Planner. You will learn ways to manage education costs and perhaps hear some new options to consider.

### Financial Aid Overview

*Jhoanna Vega-Rocha, Illinois Student Assistance Commission Representative*

Where to begin? A brief overview of the financial aid process, the FAFSA form, grants, loans, and scholarship opportunities. More specific financial aid information available:

Parent U: FAFSA Workshop, October 3, 2017

### Naviance (Freshmen and Sophomores) \*Bring your student's Naviance username & Password

*Helen Papas, LCHS Counselor*

This is an all-in-one tool that all LCHS students use. Freshmen and Sophomores are introduced to assessments and inventories which help them become more self-aware, discover their learning style, and continue to think about their future by finding their passion.

### Naviance (Juniors and Seniors) \*Bring your student's Naviance username & Password

*Raymundo Tad-y, LCHS Counselor*

Naviance for Juniors and Seniors focuses on goals and post-secondary planning. Using this tool students can search for colleges, take career inventories, review scholarship opportunities, access college applications, and beyond. Come learn what your student can access!

### Starting the Scholarship Search

*Tyler Reimer, LCHS Counselor*

College is getting more and more expensive. Fortunately there are a number of ways to earn scholarships and grants. The first step in understanding the process is knowing where to start and what to focus on. We will look at different ways of starting the scholarship search.

### Parent Panel

*Parents of LCHS Students in College*

Get advice from those who successfully navigated the college process with their own LCHS student.

### Planning Successful College Visits

*Nicole Repa, LCHS Counselor*

Make the most of your time on a campus visit using these helpful tips.

### The Two-Year College

*Melicia Eder, College of Lake County Enrollment Representative*

Can a community college work for you? The process of applying and registering for classes along with considering a two-year degree prior to attending a four-year school will be discussed.

### Understanding Adolescents & Building Emotional Strength

*Debra Kaiserlian, LCHS Social Worker*

Come and learn a few facts about the adolescent brain. Identifying signs of depression and anxiety while obtaining tips on how to help your student build emotional strength.



## Lakes Community High School presents Parent U: College Planning Night September 12, 2017 6:15—9:00 pm

### Welcome Students and Parents

We know the process of college planning can be tough. However, we are here to help you navigate applications, admissions, college selection, and finances. Please attend the sessions that you will find most beneficial, and remember to fill out our feedback form in your last session.

Check out our "Resources for College" link off the Lakes Student Services Webpage:  
<http://www.chsd117.org/index.php/lchs/page/lchs-counselors>  
to stay current with college information!

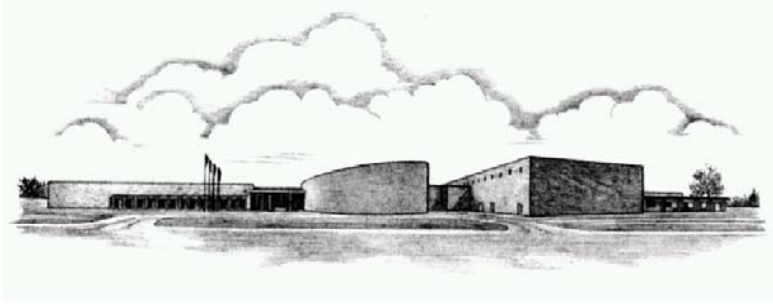
- NACAC Chicago Performing and Visual Arts College Fair, UIC Forum  
Tuesday, October 3 6:30 pm—9:00 pm
- Chicago National College Fair, McCormick Place, Chicago  
Saturday, October 14 11 am—3 pm
- Choices Fair, Glenbrook North High School  
College fair for students with disabilities  
Wednesday, October 25 6:00 pm—8:45 pm
- Illinois Regional College Fair, College of Lake County, Grayslake  
Over 150 colleges from across the nation  
Thursday, October 19 6 pm—8 pm

@LakesEagles #BeAnEagle



## Student Services Contact Information

Main Office Phone	847/838-7100
Attendance Office	847/838-7104
Mr. David Newberry, Principal	847/838-7108
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Ms. Helen Papas, Counselor	847/395-9292
Ms. Nicole Repa, Counselor	847/838-7137
Mr. Tyler Reimer, Counselor	847/838-7138
Mr. Raymundo Tad-y, Counselor	847/838-7289
Ms. Gina Putka, Student Services Secretary	847/838-7144
Ms. Debi Thompson, Registrar	847/838-7306



### Mark Your Calendars...

October 3	FAFSA Workshop
October 5	ASVAB Test
October 5	Parent Teacher Conferences (PM)
October 6	Parent Teacher Conferences—No Students
October 9	Columbus Day—No School
October 11	PSAT/NMSQT Testing
October 16	Academic Awards Night— <b>by invitation</b>
October 19	End of Progress 2
November 16	End of Progress 3
November 22-24	Thanksgiving Break
December 7	Winter Concert
December 20-22	Semester Exams / End of Semester 1
December 25	Winter Break Begins
January 9	Second Semester Begins / School Resumes

Location	Session 1 6:15-6:55	Session 2 7:00-7:25	Session 3 7:30-7:55	Session 4 8:00-8:25	Session 5 8:30—8:55
Auditorium	Welcome/ Parent Panel	The College Application Process	The College Application Process	The College Application Process	The College Athlete
C202		Starting the Scholarship Search	Starting the Schol- arship Search	Starting the Scholarship Search	
C201B		Financial Aid Overview	Financial Aid Overview	Financial Aid Overview	
C204		College Saving & Funding Strategies	College Saving & Funding Strategies	College Saving & Funding Strategies	
C205			The Two-Year College	The Two-Year College	
C207		Planning Successful College Visits	Planning Successful College Visits	Planning Successful College Visits	
C242A		Naviance (11-12 grade)	Naviance (11-12 grade)	Naviance (11-12 grade)	
C242B		Naviance (9-10 grade)	Naviance (9-10 grade)	Naviance (9-10 grade)	
C208			Understanding Adolescents & Building Emotional Strength		